

Fareham and Gosport Voluntary Sector Health Forum

Staying Warm, Safe and Healthy at Home

1-2pm

Wednesday 22 February 2023



Programme for today...

- Welcome and Agenda – **Angela Gill** Community First & GVA Health Forum Facilitator
- **Dr Robin Harlow**, Clinical Director, **Gosport Primary Care Network (PCN)** and **Dr Ros Sexton**, Clinical Director, **Coastal Primary Care Network (PCN)**
- **Jackie Hartless**, Health & Wellbeing Manager, **Community First**
- **Sarah Taylor**, Transformation Leads, Working in Fareham and Gosport...
Hampshire, Southampton & Isle of Wight Integrated Care Board (ICB)
- **Urgent Community Response (Hampshire & IoW)** - 3 Minute Video
- **Hazel Agombar**, Senior Outreach Officer, **the Environment Centre**
- **Dates of 2023-24** Fareham and Gosport Voluntary Sector Health Forums
- **Close** of the Health Forum



Dr Robin Harlow

Clinical Director, Gosport PCN

Dr Ros Sexton

Clinical Director, Coastal PCN

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Jackie Hartless

Health & Wellbeing Manager

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Update

- **Launch of Hampshire's Mental Wellbeing Strategy**
<https://www.hants.gov.uk/socialcareandhealth/publichealth/mentalwellbeinghampshire/mentalhealthpractitioners>
This strategy focuses on improving outcomes and reducing inequalities in mental wellbeing for local people in Hampshire over the next 5 years
- **HCC Adult's Health & Care**
 - Strategy refresh and how to engage
 - Demand Management and Prevention Unit Who's Who
- **Update on HIVCA (Hampshire & IOW VCSE Health & Care Alliance).** There is a delay in securing financial backing and investment from the Integrated Care Board (ICB)
- **HIVCA Assembly** <https://forms.clickup.com/20404995/f/kepr3-11368/WGSIW8JAM03PEB8077>
- **Raising Voices in Health Research** <https://actionhampshire.org.uk/the-launch-of-raising-voices-in-research/>
<https://actionhampshire.org.uk/partnerships/hivca/>



- Household Support Grant is still open and keen to encourage more applications to support households with cost of living

<https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/connectforcommunities/communitygrants-overview/communitygrants>

- Advocacy Services in Fareham & Gosport – currently exploring the scope for more

Community First's Wellbeing Programme

- Working with clients referred by the Drug and Alcohol team at QA, the team is using a personalised approach to support clients maintain their independence and stay safe. Ensuring awareness of community-based support structures and services they might otherwise be unaware of, that help to address and support their wellbeing in a more holistic manner
- We are aiming to reduce social isolation and are including a programme of activities, outings and volunteering opportunities



Community First's Wellbeing Programme...

➤ Digital Champions

- We are working with Volunteer Digital Champions to enable clients to have better access to health services and wellbeing support, taking advantage of digital gateways
- Our volunteers can support individuals or small groups and we are hoping to start a monthly Drop-in starting in March 2023
- We are always on the look out for more volunteers, full training is provided, but also if you have clients in South East Hampshire who need of some digital support please contact us
- We do also have some resources as well as access to data packages, for clients
- Wellbeing services...

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Gosport Voluntary Action (GVA) - Core20PLUS5...

REDUCING HEALTHCARE INEQUALITIES



CORE20
The most deprived 20% of the national population as identified by the Index of Multiple Deprivation



The Core20PLUS5 approach is designed to support Integrated Care Systems to drive targeted action in healthcare inequalities improvement

PLUS
ICS-chosen population groups experiencing poorer-than-average health access, experience and/or outcomes, who may not be captured within the Core20 alone and would benefit from a tailored healthcare approach e.g. inclusion health groups

Target population

CORE20 PLUS 5



Key clinical areas of health inequalities



1 MATERNITY
ensuring continuity of care for 75% of women from BAME communities and from the most deprived groups



2 SEVERE MENTAL ILLNESS (SMI)
ensuring annual health checks for 60% of those living with SMI (bringing SMI in line with the success seen in Learning Disabilities)



3 CHRONIC RESPIRATORY DISEASE
a clear focus on Chronic Obstructive Pulmonary Disease (COPD), driving up uptake of Covid, Flu and Pneumonia vaccines to reduce infective exacerbations and emergency hospital admissions due to those exacerbations



4 EARLY CANCER DIAGNOSIS
75% of cases diagnosed at stage 1 or 2 by 2028



5 HYPERTENSION CASE-FINDING
and optimal management and lipid optimal management



Gosport Voluntary Action (GVA)

- Core20Plus5 (Fareham and Gosport) Local Integrated Care Board (ICB) 1 Year Pilot Project
 - Tackling health inequalities - supported by the Primary Care Networks across Gosport and Fareham
 - Two core patient cohorts – Severe Mental Illness (under 30s) & Hypertension Case Finding (over 30s)
 - Fareham area – interested in identifying/supporting any homeless patients from the above two cohorts
 - Gosport – continuity of maternity services/care, including for minority communities
 - Linked to 2022's local Population Health Management work in Gosport
 - 21 hr a week Connector Coordinator – has been recruited and starts 1 March 2023
 - Will be recruiting and seeking/supporting patient Volunteer Connector Champions across the areas
 - Enabling those with lived experience, to identify any barriers, suggest potential solutions – to influence and hopefully improve, the development of and access to, local healthcare services
 - Learning will be shared
 - **Welcome** to GVA's Ukraine Coordinator (Larysa Minihane) – **10 hrs per week**, identifying/engaging with Ukrainians living in Gosport (new **Drop-in** at **GVA** coming soon!) links with government, health & wellbeing or community organisations, a wide range of support and help with educational or any other issues eg Ukrainian student bullying...
- Larysa.minihane@gva.org.uk - 07305 103100**



Gosport Voluntary Action (GVA)

- **Close Encounters Project** (National Lottery Community Fund) 4 Year Continuance Funding
 - Delivered in partnership with Age UK Portsmouth
 - Tackling social isolation in older people, income maximisation – supported locally by Age Concern Gosport
- **Veteran Friendly Practice Accreditation** – for more information see...

[Introducing Veteran Friendly Practice Accreditation - General Practice Nurse Education Network \(gpnen.org.uk\)](http://gpnen.org.uk)

Dates for your diary...

- **Thursday 23 February, 1-3.30pm** - [5 Steps to £10k](#) – GVA - practical support re applying for National Lottery Community Fund 'Awards for All' grants
- **Monday 27 February, 12-3pm** - [How's Your Head?](#) – Gosport Rugby Club, the Pavilion, Dolphin Crescent, Gosport, PO12 2HE
- **Wednesday 15 March, 10.30am-1pm** - [Meet the Funder](#) - Gosport Rugby Club, the Pavilion, Dolphin Crescent, Gosport, PO12 2HE
- **Wednesday 12 April, 12-1.30pm** – [Bringing Gosport Together](#) – Hovercraft Museum, Daedalus Site, Seafront Gate, Marine Parade West, Lee on the Solent, PO13 9NS



Sarah Taylor

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Hampshire, Southampton & IoW, Integrated Care Board (ICB)

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Urgent Community Response in Hampshire & Isle of Wight



Hampshire wide UCR Video



For more information contact...



Sheila Frampton

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the Environment Centre (*tec*)
you ■ your business ■ your community

tec Affordable Warmth Services

Hazel Agombar
Senior Outreach Officer



[/theEnvironmentCentre.tec](https://www.facebook.com/theEnvironmentCentre.tec)



[@tECSouthampton](https://twitter.com/tECSouthampton)

Call: 02380 336172

We aim to:

- Reduce carbon emissions
- Encourage sustainability
- Improve air quality
- Help people keep warm and well in their homes.

Not-for-profit
Strategy
Independent Policy
Impartial
Engagement
Information
Advice
Proactive
Community
Projects

We deliver affordable warmth services in Southampton, Portsmouth and wider Hampshire



Southampton
Healthy Homes

SWITCHED ON
PORTSMOUTH

We work closely with stakeholders and local services to provide holistic support to vulnerable residents



We target our services at households most at risk from living in a cold home:

- **Low income** - incl. those on means tested benefits
- **Ill health** – long term chronic physical and mental health conditions
- **Age** – those over 65; families with children under 5

We support and advise local residents:

- Over the phone
- By email or letter
- At home visits*

**Some restrictions apply.*



- Accessing funding for home energy upgrades e.g. broken heating replacements, heating improvements, insulation and draught proofing*
- Temporary heating for households whose heating has failed*
- Tackling condensation and mould
- Vulnerable consumer support e.g. priority services register, warm home discount
- Onward referrals/signposting for income maximization (benefit and debt advice), crisis support (food banks & utility vouchers) and, home safety & fire security assistance

**conditions apply*



- <https://citahants.org/home-and-well>



- ✓ A client's key concern is around heating/insulation
- ✓ A client may need face to face or ongoing advice on energy matters

Awareness sessions covering who's at risk
and why, plus the help we can provide.



To make a referral or find out more about the services:



0800 804 8601 (Hampshire & Southampton)
0800 260 5907 (Portsmouth)



www.hants.gov.uk/cold-spots

www.environmentcentre.com/southampton-healthy-homes

www.switchedonportsmouth.co.uk



the Environment Centre (tEC)

02380 336172



www.environmentcentre.com



enquiries@environmentcentre.com





Thank You

- ❖ **Thank you** to all who have supported &/or attended today's Health Forum
- ✓ The recording will be saved on Community First's and GVA's webpages by Wednesday 1 March 2023
- **Dates** of 2023-24 Fareham and Gosport Voluntary Sector Health Forums...
 - Tuesday 16 May, 1-2pm
 - Wednesday 13 September, 10.30am-12.30pm (Face to Face – Market Place and Networking – Fareham TBC)
 - Tuesday 6 February 2024, 1-2pm
- **Please feedback** via Chat or email - including re future Health Forum theme or presenter ideas
- Health & Wellbeing related **items** will be **circulated** 4-6 weekly by Jane Bray
- **Finally**, if you aren't a Health & Wellbeing Forum member or know of a local health organisation that would like to join, please email Jane:- healthforums@cfirst.org.uk
- ❖ Have a **Happy, Healthy Spring!**



Community First Fareham

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Gosport Voluntary Action

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