

Fareham and Gosport Voluntary Sector Health Forum

Cost of Living; Fuel and Food Poverty – Who Can Help?

**1.00-2.00pm
Tuesday 20 September 2022**



Programme for today...



- Welcome and Introductions - **Angela Gill** (Facilitator – CF/GVA)
- **Dr Robin Harlow**, Clinical Director Gosport Central PCN and **Dr Ros Sexton**, Clinical Director, Coastal PCN
- **Jonathan Crutchfield**, Transformation Project Lead Working in Fareham - Hampshire, Southampton & Isle of Wight Integrated Care Board (ICB)
- **Kay Hallsworth**, Chief Executive Officer Gosport Voluntary Action
- **Valerie Kelly**, Chief Officer Citizens Advice Gosport
- Gosport Food Pantry (Fareham/Portchester Pantries will also be highlighted)
- **Date** of the next **2023** Fareham & Gosport Voluntary Sector Health Forum
- **Close** of the Health Forum



**Dr Robin Harlow, Clinical Director, Gosport Central PCN
and Dr Ros Sexton, Clinical Director, Coastal PCN**

Primary Care Network (PCN) Updates

Robin.Harlow@southernhealth.nhs.uk

rossexton@nhs.net



Jonathan Crutchfield

Transformation Project Lead Working in Fareham -
Hampshire, Southampton & Isle of Wight ICS

Integrated Care System (ICS) Update

jonathan.crutchfield1@nhs.net



Kay Hallsworth

Chief Executive Officer, Gosport Voluntary Action

Community & Voluntary Sector Update

chiefofficer@gva.org.uk



A dark blue speech bubble containing the text "citizens advice" in white lowercase letters.

**citizens
advice**

A logo for Community First featuring stylized human figures in purple and teal.

Community First
making life better for everyone

Valerie Kelly

Chief Officer

Citizens Advice Gosport

co@gosport.cabnet.org.uk

A yellow speech bubble with a white handle, containing the text "Home & Well" in bold black letters.

**Home
& Well**

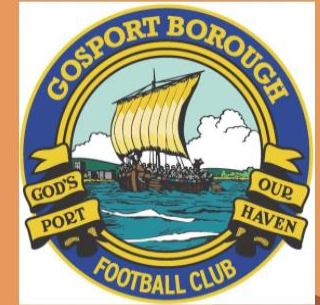




Gosport Pantry

Gosport Borough Football Ground
Pavilion Cafe,
Privett Park,
Gosport, PO12 3SX

Debra Redman



Gosport Food Pantry

Gosport Borough Football Club, Privett Road

GOSPORT
PANTRY
offering a helping hand



During this time we were delighted to be asked to be part of the Gosport Food Partnership

Local Partnerships

We have worked in partnership with lots of local groups including:

Gosport Borough Council

Citizens Advice

GVA

Abri

Coop

Morrisons

Waitrose

School groups

Wave 105

Boxxfresh

HCC

Asda

and many more





Membership

Membership of the pantry is free and just requires the completion of a form
We make no judgement and have no entry requirements, everyone is welcome
At present we have 350 households registered
We average 60 households shopping per week
Shopping costs £5

£5

This money entitles the customer to:

2 of our dearer items ie tea bags/ washing powder/ ketchup

12 of our every day items ie beans/tomatoes/pasta/rice

Free bakery

Free fruit and vegetables

Free recipe bag

Through self selection nothing goes to waste





Recipe Bags

We see helping people to cook as an essential part of our role. To this end we provide free recipe bags weekly. These contain all the ingredients and recipe for creating a cheap and nutritious meal. On occasions we also provide cookery sessions to help people create the recipe on site before heading home.



During the lockdowns the football club wanted to give something back to the local community

-We delivered over 8,000 bags to households across Gosport





Moving forward

We wish to continue supporting our local community, gathering grants to help with cost of living rises, Christmas, etc and aim to continue to build our links with other local community groups



Gosport Pantry

Moving forward we wanted to continue to support our community but without building a dependency. When we heard about the pantry organisation we felt that this would be the ideal fit and we began making plans.



Environmental Impact

We try to make a difference to the environment

The bakery goods and fruit and vegetables would end up in a land fill site if we didn't distribute it

Our gardening sessions this summer has created a buzz with people telling us about the tomatoes and lettuces they have been able to grow



Gosport Pantry

We would love to welcome you all for a visit to the pantry. We are open:

Wednesday 10-2

Friday 9-1

If other groups would like to come and have a chat please contact me on gbfcfeedafamily@gmail.com



Woodsy's Community Pantry

Monday, Wednesday, Friday – 9am-12pm

Portchester Community Association

2 New Parade, 38 West St.

Portchester, PO16 9UY

manager@portchesterca.org.uk

or telephone – 02392 210048

*Food
Pantry
Needs*



Waypoint Hub Community Pantry

Waypoint Church,
255 Huntspond Rd,
Fareham,
PO14 4PG

Open Tuesday & Friday – 9am-12pm

claire.johnson@waypointchurch.org.uk



NOTHING IS IMPOSSIBLE.
THE WORD ITSELF SAYS "I'M POSSIBLE!"
AUDREY HEPBURN

SEPTEMBER




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- ✓ **Thank you** to all who have supported &/or attended today's HF
- ✓ The recording will be saved on CF & GVA's webpages by Tue 27 Sept
- ✓ **Date of next Fareham & Gosport VS Health Forum**; there will be a survey...
 - **1-2pm, Tuesday 14 February 2023 – Webinar**
- **Please feedback** via Chat or email - including re future HF theme/ideas. Health related items are circulated by Jackie Hartless (interim) monthly
- ✓ **Finally**, if you aren't a VS Health Forum member or know of a local health organisation member that would like to join, please **email:- Jackie.hartless@cfirst.org.uk** Thank you & have a **Happy, Healthy Autumn!**



Contact Details...

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www.gva.org.uk



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02392 583836



Contact Details...



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<https://www.cfirst.org.uk>



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