

Hants & IoW Social Prescribing Network Webinar

The Role of Social Prescribing and the VCFSE Sector Post-COVID – Impact, Challenges and Opportunities

Wednesday 15 June 2022, 1-2pm



Agenda

- **Welcome and Programme Review** – *Angela Gill* (HSPN/CF Facilitator)
- **Tim Houghton**, Chief Executive, **Community First, Post-COVID - Community & Voluntary Sector Update**
- **Sara Nicholls**, Community Support Services Manager, **Brendon Care Clubs & Community**
- **Hannah Griffiths**, Community Engagement Manager, **Independent Arts**
- **Debbie Hayter**, Service Manager, North Hampshire, Frimley, Independent Living & Crisis Response, **British Red Cross**
- **Marie Adams**, Social Prescriber, Fareham and Portchester PCN
- **Date for the Hants & IoW Social Prescribing Network Conference** - **Wed 15 September 2022, 9.00am-2pm (including lunch)** - **Hope Church Winchester, The Middlebrook Centre, Middle Brook St. Winchester, SO23 8DQ**

Post-COVID Community & Voluntary Sector Update

Tim Houghton

Chief Executive, **Community First**

tim.houghton@cfirst.org.uk

VCSE Perspective on Post-COVID Opportunities and Challenges

- **Responding** to the extraordinary pressures and challenges facing NHS and Social Care
- **Streamlining** access to care and advice
- **Providing** more proactive, personalised care
- **Helping** people to stay well for longer; 'strength based' approach
- **New** Integrated Care System (ICS) - <https://levpedroassociates.com/1st-july-2022-whats-happening-why-and-what-will-change/>
- **Locally led** - nationally enabled community and neighbourhood response
- **Tackling** health inequalities is key. 'Core20 Plus 5' approach
<https://www.england.nhs.uk/about/equality/equality-hub/core20plus5/>



VCSE Perspective on Post-Covid Opportunities and Challenges

- **Funding** must follow the patient but we can add value through grants. HCC grants <https://www.hants.gov.uk/community/grants/grants-list> and Connect 4 Communities Household Support Community grants <https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/connectforcommunities/communitygrants-overview/communitygrants>
- **Adapt** and innovate - digital services dovetailed with personal interaction and support; volunteers at the heart of this
- **Work** with your CVS <https://www.hampshirecvs.org.uk/> and access Thriving Communities Social Prescribing training and support <https://www.crawleycommunityaction.org/thriving-communities-south-east-region/> and to **sign up** <https://www.surveymonkey.co.uk/r/WP73VV7>



Brendoncare Clubs and Community

Sara Nicholls
Community Support Service Manager

SNicholls@brendoncare.org.uk

Brendoncare

- **Care homes**
- **Community Services**

Membership scheme

- **Clubs**
- **Telephone support**
- **Online clubs**
- **Support to get online**
- **Outings and events**



Brendoncare

Challenges

- **Finances**
- **Transport**
- **Volunteers**
- **Staff**



Brendoncare

Impact

- Measuring and sharing

Working Together

- Easy referrals and feedback
- Impact data



Brendoncare

- **Visit our website**

www.brendoncare.org.uk/community/make-a-referral

- **Get in touch**

- **Thank you for listening**





Independent Arts

Hannah Griffiths – Community Engagement Manager

Hannah@independentarts.org.uk

Pre-COVID and COVID Response

- Delivering creative workshops to 1700 Islanders each month – predominantly older people
- Working in community venues, care homes and supported accommodation schemes Islandwide
- Small Pop-Up gallery space on Newport High Street
- Working with Freelance artists and a small staff team to deliver our work, supported by 70 volunteers.



- Switch to zoom delivery for some projects and You Tube for others
- Moved Community Connector to community response and welfare calls – supported by some volunteers
- Maintaining some income for Freelance workforce
- Postal packs, Creative Chronicle magazine, pen pal project
- Ran face to face and outdoors when possible

Reopening and Remerging

Move to the Creative Hub

- Everyone is changed by COVID – take the lead from our beneficiaries
- Slow controlled return to projects
- Priorities change, loss of the Community Connector
- Life on the High Street – opportunities and challenges
- Reaching new audiences



Facing the Future

- Reconnecting and adapting
- New connections and new opportunities
- Funding
- Settling in



How to find us

Telephone 01983 822437

Email info@independentarts.org.uk

Website www.independentarts.org.uk

Facebook - www.facebook.com/IndependentArtsIOW/

Twitter - twitter.com/independentarts

You Tube – Independent Arts

Instagram - [independentarts_iow](https://www.instagram.com/independentarts_iow)





**British
RedCross**

Debbie Hayter

Service Manager

North Hampshire, Frimley, Independent Living & Crisis Response

British Red Cross

DHayter@redcross.org.uk



**British
RedCross**

- ❖ Confidence building in the community
- ❖ Older people saving money for bill paying over other issues
- ❖ Poverty/poor living conditions



**POVERTY AND POOR
LIVING CONDITIONS**



**BUILDING
CONFIDENCE**



**DETERIATING
WELLBEING DUE
TO COST-OF-
LIVING CRISIS**

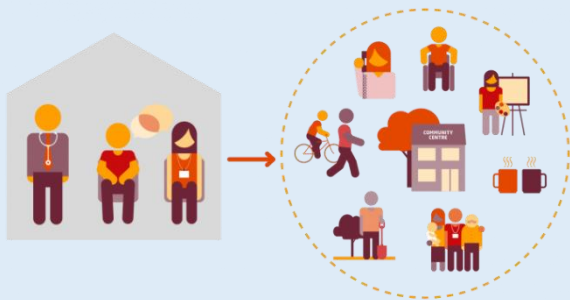


Marie Adams

Social Prescriber

Fareham and Portchester PCN

marie.adams8@nhs.net





Thank you!

- **Thank you** to all our presenters, Jackie Hartless and the audience too!
- **If** you didn't have time to ask your question please email the presenter
- **Please feedback** via 'Chat' or to Jackie by email. Thank you for your Social Prescribing Webinar theme ideas to date, **please continue to share these**

This **Webinar**, the **PowerPoint** and any corresponding documents will be available via the **Community First, Gosport Voluntary Action** and the **Personalised Care websites** by Thursday 23 June 2022

Hants & IoW SP Network 2022 Dates...

- Wednesday 14 September 2022 (9am-2pm F2F Conference)
- Wednesday 7 December 2022 (1-2pm Webinar)

Wishing you all a Happy and Healthy Summer!

Website Addresses:

- ✓ **Community First:-** www.cfirst.org.uk
- ✓ **Gosport Voluntary Action:-** www.gva.org.uk
- ✓ **Personalised Care:-** <https://personalisedcare.hiowhealthandcare.org/our-work/social-prescribing-and-community-based-support>



HSPN:- Jackie Hartless:- Jackie.Hartless@cfirst.org.uk