

Hants & IoW Social Prescribing Network Webinar

Social Prescribing Celebration Event

Wednesday 2 March 2022, 1-2.30pm



Agenda

- **Welcome and Programme Review** – *Angela Gill* (HSPN Facilitator)
- **The Hants & IoW Social Prescribing Network – Reflections 5 years on!** – *Angela Gill*
- **The CVS and Social Prescribing across Hampshire, Southampton, Portsmouth & IoW – an Overview** – *Tim Houghton, Community First*
- **Integrated Community of Practice Social Prescribers' Network – Development and Successes** – *Annie Millard NHS Hampshire, Southampton & IoW CCG*
- **Integrated Community of Practice Social Prescribers' Network – Reflections from a Social Prescriber's Perspective** – *Julie Fisher Sovereign Health Partnership*

Agenda

- **Break-out Rooms and Report Back**
- **Social Prescribing in Action – Case Studies** – *Rob Thompson, Citizens Advice Portsmouth*
- **The Positive Impact of a Mental Health Referral; Reconnecting with the Community** – *Lucy Coates, Gosport Voluntary Action*
- **Date for the Hants & IoW Social Prescribing Network (Face to Face) Conference**
Wednesday 15 June 2022, 10am-2pm (including lunch) - Winchester Venue TBC



- ❖ Established in **2017** via an initial face to face exploratory meeting in Eastleigh
- ❖ **Terms of Reference** produced, Social Prescribing **webpages** created for Community First/Gosport Voluntary Action and the Personalised Care website
- ❖ Coordinated by Community First – **c250 HSPN members**, HSPN logo developed
- ❖ Currently 4 Recorded **Webinars** – annual face to face event going forward, emails...
- ❖ **Range of themes** (often suggested by members):- Covid-19 – Mental Health, Covid-19 - Inequalities, Green Social Prescribing, Levelling up through Employment, Understanding Changing Health Structures, Social Prescribing Networking Event, Supporting Communities Through Autumn, Evidencing Impact...
- ❖ **Regional/National Representation** including:- Westminster HF SP Policy, SE SP Conference, NASP/SP Webinars – SE / SP Networks, Arts for Dementia Regional Conference, International SP Day (10 Mar 22) and Conference (**10-11 Mar 22**)...

The CVS and Social Prescribing across Hampshire, Southampton, Portsmouth & the IoW – an Overview

Tim Houghton

Chief Executive, Community First

tim.houghton@cfirst.org.uk



The Role of the CVS in Supporting Social Prescribing

- ✓ CVS are the bridge connecting Link Workers and health professionals with the voluntary sector
- ✓ Influence and coordinate local activity maximising capacity meeting local need and minimising duplication
- ✓ Provide a voice for the local VCSE sector in strategic discussions amplifying the needs of communities, organisations and people
- ✓ Connect groups around key themes; arts, environment, physical activity
- ✓ Support frontline organisations to deliver effective services; funding, venues, volunteers and provide wrap around support with transport and enabling services
- ✓ Pilot new initiatives; digital champions, new models of befriending, supported volunteering
- ✓ Deliver SP activity including walking for health and community hubs

Integrated Community of Practice Social Prescribers' Network SE Hants, Fareham & Gosport – Development and Successes

Annie Millard

Transformation Officer

Working in SE Hampshire,
NHS Hampshire, Southampton & IoW CCG

anne-marie.millard@nhs.net



**Hampshire, Southampton and Isle of Wight
HSIoW CCG - South East Hampshire locality.
Integrated Community of Practice Social
Prescribing Network**

Annie Millard SE Hants Commissioning team

Social Prescribers' celebration event March 2022

Our Vision back in 2019:

To develop a network for the local social prescribing workforce: *Pilot 2019-2020*

- To support new social prescribers roles
- To support PCNs to understand and shape the new roles
- Support integration of the new role into the existing workforce, providing the framework for supervision and collaboration.
- Join up locally the social prescribing and other non-medical connecting workforce
- Provide a consistent and joined up approach to accessing interconnecting services
- To embed the Personalised Care principles into the role

Our Goal:

- Enable the social prescribers to empower others to take ownership of their health and well-being
- Support the social prescribing workforce to develop personal resilience in performing the role

Challenges :

At the start of our Social Prescribing Network journey, we were overshadowed by the effects of the Covid 19 pandemic, and the key focus was to provide support and a point of contact with our Social Prescribing workforce

Building resilience to continue to develop the role and provide support to people in the community

Celebration of local successes over the last year:

Continued professional development:

- *completion of a training needs analysis
- *building wider knowledge base
- *improving access to enhanced training
- *attending training sessions together to boost local collaboration

Created a vehicle to identify and deliver supported enhanced training

Enabled multi-agency participation, commitment and contribution

Involving VCSE organisations to inform our social prescribing workforce in a place based way

JSNA – identifying gaps in knowledge and services, showcasing speakers

Social prescribers now recognised as key enablers in the SE system

The network has enabled the development of a coaching and buddy approach to support local delivery and engagement

Social prescriber representation in co-design and modelling of 111 directory of service (MiDOS)

Maintain a register of social prescribers to share with partners

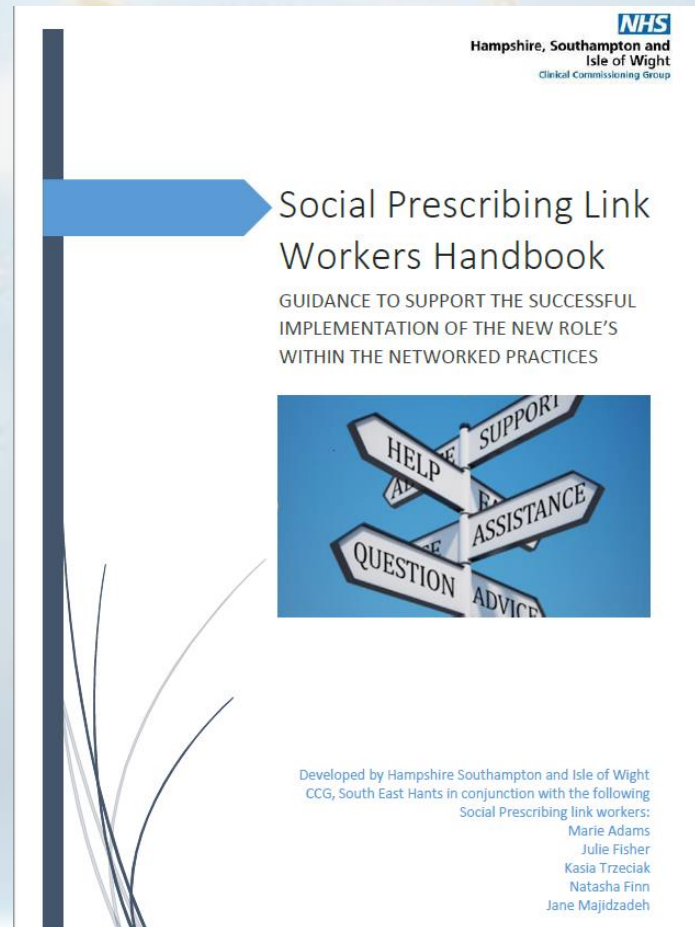
Social Prescribers participating in research projects (*e.g. Active lives Autism Hampshire*)

The ability for Social Prescribers to showcase their work and share information through the monthly bulletins and being represented at key Board meetings

Celebration of the success: *Partnership working*

Co-production of Social Prescribing Handbook for employers and employees

[Hyperlink: Social-prescribing-handbook](#)



Celebration of the wider successes:

Developing a functioning community of practice, has enabled other areas in the system to secured funding to roll out the local SPLW Network model across the whole of Hampshire

The network has enabled a clear and dynamic information sharing structure with NHSE/I
To share learning and enable information flow

Social prescribers recognised as key enablers in the wider system

Enabled us to share and spread the delivery of personalised care within primary and community care positively advocating

What has made the SPLW Network successful?:

The SPLWs!!



Locally owned programme – delivered at a place base

Good lines of communication between the CCG and the CoP

A safe, confidential space for social prescribers to share

Strong leadership from the community and voluntary sector

Close links with other SP LW in neighbouring CCG areas

Co designed/developed by the social prescribers – reflecting their wants and needs

Thank you!

Annie Millard Commissioning team in the South East locality



Integrated Community of Practice Social Prescribers' Network SE Hants, Fareham & Gosport – Reflections from a Social Prescriber's Perspective

Julie Fisher

Social Prescriber, **Sovereign Health Partnership**

julie.fisher28@nhs.net



Break-out Rooms (Please agree a time-keeper to report back in 20 mins)

1. One Minute Introductions
 2. In terms of Social Prescribing – what impact or difference do you/does your organisation make?
 3. How can the Hants & IoW Social Prescribing Network best support you/your organisation to improve the impact of your role/project or service in 2022?
- **Report Back** – one suggestion per group to Question 3 please
 - Do feel free to share any other key points or suggestions via ‘Chat’

The Positive Impact of a Mental Health Referral: Reconnecting with the Community

Lucy Coates

Community Spirit - Supported Volunteering Coordinator

Gosport Voluntary Action

Lucy.Coates@gva.org.uk



Thank you!

- **Thank you** to all our presenters, Jackie Hartless and the audience too
- **If** you didn't have time to ask your question please email the presenter
- **Please feedback** via 'Chat' or to Jackie by email. Thank you for your Social Prescribing Webinar theme ideas to date, please continue to share these
- Do **celebrate** International Social Prescribing Day if you can!

This **Webinar**, the **PowerPoint** and any corresponding documents will be available via the **Community First, Gosport Voluntary Action** and the **Personalised Care websites** by Thursday 10 March 2022



Hants & IoW SP Network 2022 Dates...

- Wednesday 15 June 2022 (10am-2pm HSPN F2F Conference - TBC)
- Wednesday 14 September 2022 (1-2pm Webinar)
- Wednesday 7 December 2022 (1-2pm Webinar)

Wishing you all a Happy and Healthy Spring!



Website Addresses:

- ✓ **Community First:-** www.cfirst.org.uk
- ✓ **Gosport Voluntary Action:-** www.gva.org.uk
- ✓ **Personalised Care:-** <https://personalisedcare.hiowhealthandcare.org/our-work/social-prescribing-and-community-based-support>

HSPN:- Jackie Hartless:- Jackie.Hartless@cfirst.org.uk