

Arts 4 Dementia Best Practice Conference

Hants & IoW Social Prescribing Update

Friday 21 May 2021

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Community First/Hampshire Community & Voluntary Services

Community Compass (Social Prescribing Project) Manager

Gosport Voluntary Action (GVA)

Home and Well Mobilisation Manager

Citizens Advice Hampshire

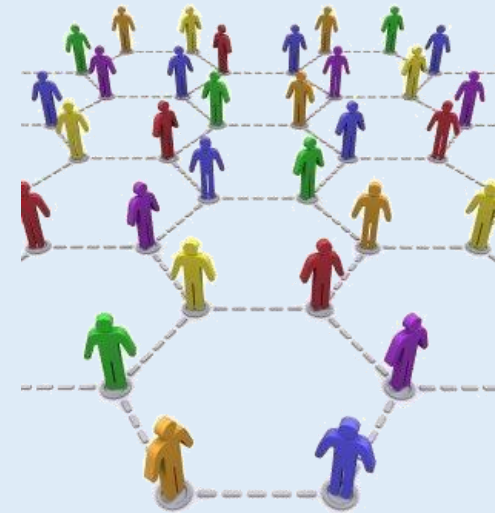
Chair of Trustees

Age Concern Gosport



Hants & IoW Social Prescribing Network (HSPN)

- ✓ Co-ordinated by **Community First** for the **Hampshire CVS**
- ✓ Supported by **Hampshire, Southampton & IoW CCG**
- ✓ **4** themed SP Network **Meetings/Webinars** a Year
- ✓ Share **Best Practice & Learning** related to SP/health
- ✓ Celebrate '**International Social Prescribing Day**' each March!
- ✓ Identify **Joint Working** or **Funding Opportunities**
- ✓ Explore Techniques to **Evidence Cost Effectiveness**
- ✓ Influence & **Promote Social Prescribing** regionally/nationally
- ✓ **200+** members Social Prescribers, Health, Social Care...
- ✓ Next Webinar is on '**Green Social Prescribing**' 1pm, 16 June
- Previous HSPN **Webinars** - COVID-19, MH... can be viewed:-
<https://www.gva.org.uk/groups/social-prescribing/>
- For information contact **Lin Dudman** - Lin.Dudman@cfirst.org.uk



Citizens Advice Hampshire's Home and Well Project

Headlines April 2020 - March 2021

It is a **partnership** of **Citizens Advice Hampshire**, CCG, Energy, Water...

Aims to help vulnerable people and reduce hospital re-admissions

- Delivered by **Citizens Advice** Home and Well Advisers countywide
- Engages with local **hospitals** – Petersfield, IoW, Gosport...
- The project has supported **768** vulnerable people in Hampshire & IoW
- **526** of those were signed up to the **Priority Services Register**
- **476** were helped with **Energy** related tools – a **CA wrap-around service**
- Also supports people with **income maximisation/debt** advice
- ✓ To find out more:- <https://citahants.org/partners/home-and-well/>

The logo for the Home & Well project, featuring the text "Home & Well" in a bold, sans-serif font. "Home" is on the top line and "& Well" is on the bottom line. The text is white and set against a yellow speech bubble background with a white outline and a small handle at the top.



Close Encounters Project

- **3 Year** National Lottery Community Funded partnership project
- **Gosport Voluntary Action (GVA) & Age UK Portsmouth, NHS South Central Ambulance Service (SCAS), University of Portsmouth** (evaluation)
- Tackling **Social Isolation (55+)** – developed a **referral system** for SCAS call handlers & clinicians re **frequent callers** (often due to loneliness)
- **20%** of Hampshire's 243,000 **65+** residents are '*mildly lonely*' and another 10% are '*intensely lonely*'. It has a negative affect on **health & wellbeing**
- Close Encounters also enables older people to **access welfare benefits**
- Helped **1071** people in Gosport/Portsmouth since January 2019
- During COVID-19 in **2020** = **394** Activity Packs and **980** Food Parcels
- ✓ <https://www.gva.org.uk/individuals/support-services/close-encounters>

GVA's Community Compass Project

- During COVID-19 - a remote, **listening & signposting** service
- **Developed** from GVA's Surgery Signposting Project (past 5 years)
- Delivered by a small team of friendly, **trained & dedicated volunteers**, p/t Project Co-ordinator & p/t Project Manager
- Top key social issues presenting:- **Depression/Anxiety, Bereavement, Social Isolation, Carers Support, Socialising and Dementia**
- Helped **230** people last year; funding ends June 2021
- A local **volunteer delivered** project that changes people's quality of life, enabling them to live independent happier, healthier lives - **reducing demand on GP's time & saving the NHS money**
- ✓ To find out more:- <https://www.gva.org.uk/compass/>





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Useful Resources

- A Connected Society: A Strategy for Tackling Loneliness, DCMS
- Campaign to End Loneliness - <https://www.campaigntoendloneliness.org>
- Gosport Voluntary Acton's 'Community Compass' <https://www.gva.org.uk/compass/>
- Hampshire Ageing Profile (Hampshire County Council)
- Hampshire CVS (Community & Voluntary Services <https://www.hampshirecvs.org.uk/>)
- Hants & IoW Social Prescribing Network <https://www.gva.org.uk/groups/social-prescribing/>
- Joint Strategic Needs Assessment 2019 (Hampshire County Council)
- Social Prescribing and Community Based Support, NHS England, Summary Guide www.england.nhs.uk
- Social Prescribing Network - <https://www.socialprescribingnetwork.com>
- Universal Personalised Care – www.England.nhs.uk/personalisedcare

Information

Citizens Advice Hampshire's Home and Well Project



<https://citahants.org/partners/home-and-well/>



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07849 300685 (Elaine Allum, Project Coordinator)

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**Home
& Well**

Information

Age UK Portsmouth

The Bradbury Centre, 16-18 Kingston Rd, Portsmouth,
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Information

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Information

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GVA – Community Compass <https://www.gva.org.uk/compass/>



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