



# Agenda

- **Welcome & Q&A Webinar Housekeeping**
- **Webinar Panel Introductions...**
  - **Tim Houghton**, Chief Executive, Community First
  - **Tim Cooling** – Head of Strategy, Hampshire & IoW Partnership of Clinical Commissioning Groups
  - **Ros Hartley** – Executive Director, Strategy and Transformation, Hampshire & IoW Partnership of Clinical Commissioning Groups

# Agenda

- **Jenny Erwin**, Director of Mental Health, Transformation and Delivery, Hampshire & IoW Partnership of Clinical Commissioning Groups
- **Simon Bryant**, Director of Public Health, Hampshire County Council and for the IoW Council
- **Q&A questions start...**
- **Q&A Webinar ends**, confirm date and theme of the next Hants & IoW Social Prescribing Network Webinar
- **Networking** via 'Chat' for those who wish to stay/liaise...

## Welcome & HSPN Webinar Housekeeping:-

- Introduction – Angela Gill
- Welcome to our ‘regulars’ and those who are here for the first time!
- HSPN Q&A Webinar is being recorded & this PP will be circulated (details)
- ✓ Please mute Microphones and Cameras - unless asking a question
- ✓ Using Google Hangouts:- Menu bar, ‘Chat’, CTRL+D – Microphone on/off
- ✓ Please type your question via ‘Chat’ & then I’ll invite you to speak...
- ✓ If you are joining us by phone, please alert me verbally if you would like to ask a question once the Q&A Webinar questions begin
- ✓ Opportunity to network via ‘Chat’ at the end + please feedback/ideas...
- **NB** Today’s Webinar will be available via the **Community First & Gosport Voluntary Action** websites by Tuesday 21 July. Please let colleagues and service users/clients know...

## Tim Houghton

Chief Executive, Community First



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## Tim Cooling

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Hampshire and Isle of Wight  
Sustainability and Transformation Partnership

# ***Understanding Hampshire's Changing Health Structures***



MOVING FORWARD TOGETHER



## Development of our Integrated Care System (ICS)



**We are changing the way organisations work together in Hampshire and the Isle of Wight in order to enable greater collaboration and remove duplication. Establishing the Hampshire and Isle of Wight Integrated Care System (ICS) is intended to enable organisations to work more effectively together to redesign care, improve health and tackle the challenges we face.**



**42 Primary Care Networks** - Delivering integrated mental and physical health and care, primary care networks proactively manage the health needs of the population they serve. Each primary care network has a clinical director. The average population served by one of our PCNs is 45,000 people.



**Integrated planning and delivery in each health and wellbeing area** - Our four upper tier local authority areas will continue to be the focus for place-based planning (undertaking population needs assessment) and for aligning health, care and other sector resources to deliver improved outcomes for local people.



**Four Integrated Care Partnerships** - Integrated Care Partnerships bring together NHS providers, CCGs and local authorities to co-ordinate and improve the delivery of health and care in partnerships. Working together, partners are able to integrate healthcare delivery across PCNs, community, mental health, acute and social care services to better meet the needs of their population, and to support improved operational performance, improve quality and financial delivery.



## Ros Hartley

Executive Director, Strategy and Transformation, Hampshire & IoW  
Partnership of Clinical Commissioning Groups



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Hampshire and Isle of Wight  
Sustainability and Transformation Partnership

# Planning for restoration and recovery whilst working towards an ICS



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## Our recovery principles

### Principles

#### Safety

Patient and staff safety is paramount. Our restoration plans will be founded on the identification and mitigation of risks

#### Forward looking

We will lock-in beneficial changes and not restore *by default* to pre-Covid service models

#### Outcomes

Our purpose is to maximise outcomes for local people. This means ensuring we identify and care for patients requiring time-critical treatment which, if not provided immediately, will lead to patient harm

#### Subsidiarity

Individual organisations and local systems (and care system footprints where relevant) will lead the development and delivery of plans for restoring services guided by a common set of principles

#### Strategic

We will ensure, where possible, our approaches are in line with our strategic ambitions as set out in the Hampshire and Isle of Wight (HIOW) Strategic Delivery Plan

#### Being prepared

We will at all times retain sufficient capacity across HIOW to respond to demand related to Covid and time-critical care


#### Aligned

All partners in HIOW are committed to alignment and ensuring a common approach

 **A. Ensure we enter 2021/22 in a clinically and financial sustainable position**

 **B. Strengthen our primary and community offer**

 **C. Focus our acute hospital sites on critical and specialist care and Covid resilience**

 **D. Collaborate at scale to maximise the use of capacity and improve outcomes for all our residents**

## Example

**Working together to deliver a network of  
Seacole services across Hampshire and Isle  
of Wight**





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## Summary

- Our response to the COVID-19 pandemic builds on the long term strategy for community care, **strengthening the out of hospital and proactive care model.**
- We recognise that we have **a clear gap in delivering comprehensive bed-based and home-based rehabilitation consistently** across each of our four integrated care partnerships which are orientated around our four acute hospital trusts.
- Most significantly, as COVID subsides, it will create a direction of travel for the Hampshire and Isle of Wight system to provide **a sustainable model for managing the rehabilitation and reablement needs of patients** long term across the system, building on a platform of solid partnership working and shared service delivery as we move towards closer system integration.



## Jenny Erwin

Director of Mental Health, Transformation and Delivery,  
Hampshire & IoW Partnership of Clinical Commissioning Groups



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Hampshire and Isle of Wight  
Sustainability and Transformation Partnership

# Mental Health Moving Forward Together July 2020



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# System Response to COVID 19 Challenges

- All age NHS111 MH Triage service in place and CYP-specific HloW crisis line (11-17) launched 4 May 2020
- Acute assessment centres stepped up outside of acute EDs, urgent response vehicle supporting SCAS & police decisions
- Crisis teams risk profiled caseload; only red rated patients (e.g. needing depot injections, or high risk) seen face to face
- Crisis House refurbishment paused, Secure MH contract proposed extension going through CCG approvals
- Support to prevent crisis
  - Community teams and CAMHS with risk profiled caseloads and moved to online/telephone
  - IAPT and perinatal moved to online, telephone, webinars. IoW Positive Minds implemented to support IAPT by providing additional self-guided support for people who are anxious about the current crisis
  - Third sector all online and Big White Wall supported by winter pressure funding to provide 24/7 access, free of charge to all wellbeing centre service users. CAB Home and Well also supported by winter pressures for broad offer supporting early discharge. Development of new community information and support MH platform on the IoW ([www.iwmentalhealth.co.uk](http://www.iwmentalhealth.co.uk)),
- Additional bed capacity and COVID designated ward space created. Streamlined section 117 aftercare to expedite discharges from MH units to appropriate placements
- SHFT issues with lack of anaesthetists for ECT managed through interim contract with the private sector
- Memory assessment clinics and SMI physical health checks paused due to need for elements of face to face delivery



**Home & Well**  
 The story and impact so far...

Despite the challenges of COVID-19 Home & Well has supported:

- 145 people for the main service
- 121 signed up for PSR
- 61 helped with energy & utilities advice
- 32 for water tariffs

Example of people Home & Well helped to cope at home:

30.9%  Home  
 57.5%  Community  
 11.6%  Family members  
 1.0%  Nobody

Confident in their ability to deal with problems:

27.8%  Home  
 50.4%  Community  
 11.6%  Family members  
 8.2%  Nobody



Welcome to the Isle of Wight Community Mental Health Support Hub

We have brought together a wide range of resources to support you to help you manage your mental health.

Mental Health Awareness Week - Mon 16 May - Sat 24 May

The Mental Health Foundation acknowledges its role in supporting mental health services and promoting mental health awareness.

This site is still in development and we would value your feedback to help us to shape and improve further. Please click on the feedback button at the bottom of the site to share your views with us. Thank you!

Help during Coronavirus | Advice and information | Talk to someone

Access mental health support here

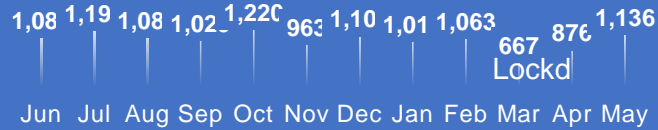
You're Not Alone

online

BIG WHITE WALL

## Mental health – recent activity

### MH 111 CALLS HIOW



Mental Health Outcomes HSH

	Recommended to Attend A&E	Ambulance Dispatches	Home Management, No Further action	Primary Care	Attend Other Service
Apr-20	0.67%	4.01%	<b>81.94%</b>	13.38%	0.00%
May-20	0.64%	4.80%	<b>80.32%</b>	14.08%	0.16%

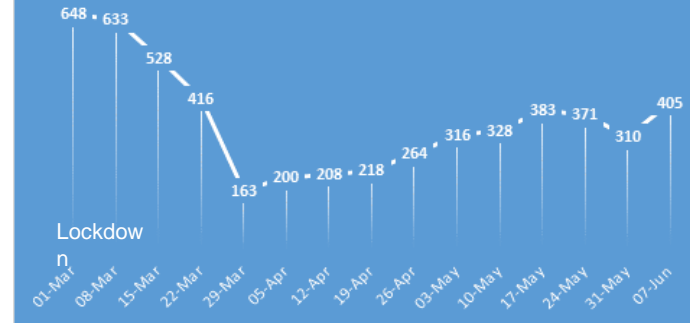
### 111 MH CALLS <18



Mental Health Outcomes HSH

	Recommended to Attend A&E	Ambulance Dispatches	Home Management, No Further action	Primary Care	Attend Other Service
Apr-20	4.35%	4.35%	86.96%	4.35%	0.00%
May-20	0.00%	4.35%	80.43%	13.04%	2.17%

### IAPT REFERRALS (SOUTHERN)



### Hants CAMHS referrals:

Down to 328 in April vs 700 average for March

Weeks in April and May	Highest reduction in referrals vs same week in 2019	Last week May 2020 vs 2019
CMHTs	78% fewer referrals	23% fewer referrals
Crisis (AMH)	66% fewer referrals	17% fewer referrals
OPMH	88% fewer referrals	17% fewer referrals

## Mental health – the impacts of Covid in terms of emerging mental health demand

### General population

- Increased anxiety and depression linked to isolation, health anxiety, impact of relaxation of lockdown
- Impact of financial and economic changes
- Increased suicide risk as forecast recession hits
- People accessing physical health services
- Needs of people living with dementia

### Current secondary care mental health service users

- Potential for increased crisis presentations due to fear of accessing secondary care MH services during lockdown and early recovery periods

### Covid survivors

- Increasing and longer term physical and emerging MH and PTSD symptoms especially within the ITU cohort
- Link to co-morbidities, SMI and mortality in the medium to longer term

### Covid frontline

Anxiety, depression and PTSD symptoms in people working across sectors related to Covid response. Potential burn out and inability to return to work. There are particular groups within this which will require longer term more specialist support. Disproportionate impact on certain communities, e.g. BAME

### Bereaved

- Increase in complex mental health presentations from bereavement and grief for families and carers of people who have died in hospital and care homes. Impacts all ages

### Children and young people

- Impact of school returns in June and September
- Potential attachment issues regarding people transitioning into new educational settings
- Concerns about the impact of mental health and wellbeing upon adult family members as it translates to children and young people
- Impact of anticipated increase in emotional, physical and sexual abuse
- Impact on continuity of secondary mental health care for students who had to return home

Current prevalence c173k for low to moderate A&D. Commissioning case for IAPT for 25% of prevalence plus 10%-20% surge  
Significant drop in referrals during Covid. Access to workforce main risk

c.30% drop regionally over Covid period. Modelling to include impact on secondary care services

GP education series including PTSD, health anxiety and bereavement and complex grief. Looking at ITU survivorship for better targeting of support offer

Covid workforce support offer developed and to be launched. Work underway to support MH in businesses, e.g. access to MH First Aid training

Over 1350 Covid deaths in HIOW (11/06)  
Basingstoke, Test Valley and Rushmoor have highest levels per 100k population (inpatient). Assessing option to pilot Untangled and develop offer for complex presentations

c 35% of current pre Covid prevalence commissioned for in NHS commissioned services. 20% surge being modelled and need to increase emergency/ crisis support

## Focus for Hampshire and IoW MH and Emotional Wellbeing Recovery



Create **in-area inpatient capacity** and cease dormitory provision to manage demand in area  
Supports improved infection prevention and control and timely discharge



**Safe and sustainable housing** for our homeless population reducing inequality and mortality gap

Ensuring people are discharged in safe and sustainable accommodation where social distancing is possible



Creating **MH support offers for impacted groups**  
Covid Survivors  
Front Line Staff across all partners  
People experiencing complex bereavement and grief, health anxiety and depression



**Supporting Children and Young People**  
Roll-out MHSTs  
Prepare for 20% surge  
Support current bereavement services and develop approach to complex grief  
Provision of CYP psychiatric liaison



**Address wider determinants**  
Support MH resilience in local businesses  
Address disproportionate impact of Covid on our BAME workforce and people who need or use our services  
Support access to employment, debt and benefits advice



**Physical health**  
SMI Physical Health check  
LD Annual health checks  
Development of integrated community and primary care MH (linkage to poor physical and MH of Covid survivors)



**Bolster emergency and crisis support**  
Grow capacity in 24/7 111 MH triage to support PC and surge  
Maintain CYP/ parental crisis line  
Extend MH ambulance response

## Simon Bryant

Director of Public Health, Hampshire County Council & IoW Council



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## Questions for the Panel?



# Thank you!

- **Thank you** to the Q&A Webinar panel, Lin and all participants/attendees...
- **Please feedback** via 'Chat' or to Lin by email - including any future Social Prescribing Webinar theme ideas?
- If there wasn't time for you to ask your question, do feel free to **email the panellist direct** – email addresses are in the PowerPoint that will be circulated
- Do **email** Lin Dudman relevant **SP information to share** by **Friday 7 August** for inclusion in the **August HSPN Newsletter**
- This **Webinar** will be available via the **Community First** and **Gosport Voluntary Action** websites by **Tuesday 21 July**



## 2020 Hants & IoW SP Webinar Network Dates

- Tue 8 Sept - 1-2.30pm, 'Social Isolation' Webinar
- Tue 1 Dec - TBC - please share your 'theme' ideas?
- + HSPN Newsletter updates & documents to share...
- ❖ Thank you and do feedback/enjoy 'networking' via Chat today!

### Website Addresses:

- ✓ Community First:- [www.cfirst.org.uk](http://www.cfirst.org.uk)
- ✓ Gosport Voluntary Action:- [www.gva.org.uk](http://www.gva.org.uk)

HSPN:- Lin Dudman - [Lin.Dudman@cfirst.org.uk](mailto:Lin.Dudman@cfirst.org.uk)

