Hampshire & IOW Social Prescribing Network Meeting

MINUTES

Thursday 16 May 2019    12.30pm to 3pm

Main Hall, Leigh Park Community Centre

<table>
<thead>
<tr>
<th>Attendees</th>
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<tbody>
<tr>
<td>Mavis Ames</td>
<td>Portsmouth CC</td>
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<tr>
<td>Alexandra Baiao</td>
<td>The Princess Royal Trust for Carers</td>
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<tr>
<td>Ross Borman</td>
<td>East Hants Mind</td>
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<tr>
<td>Gordon Brooks</td>
<td>Volunteer for GVA’s Surgery Signposting Project</td>
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<tr>
<td>Danny Churcher</td>
<td>Place for People Leisure Ltd</td>
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<tr>
<td>Nicky Dodd</td>
<td>Good Neighbours Network</td>
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<tr>
<td>Lin Dudman (Minutes)</td>
<td>Community First</td>
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<tr>
<td>Helen Fisher</td>
<td>Energiseme</td>
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<tr>
<td>Angela Gill</td>
<td>GVA</td>
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<td>Angela Gould</td>
<td>GVA</td>
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<tr>
<td>Hannah Griffiths</td>
<td>Independent Arts</td>
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<td>Matt Healey</td>
<td>HCC</td>
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<td>Edith Kinghorn</td>
<td>Gosport Older Persons Forum</td>
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<tr>
<td>Sharon Knapp</td>
<td>Age Concern</td>
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<tr>
<td>Kirsten Lawrence</td>
<td>Hants &amp; IOW Partnership CCG</td>
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<tr>
<td>Alex Massey</td>
<td>Age UK Portsmouth</td>
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<td>Sandy Miles</td>
<td>NHS</td>
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<tr>
<td>Maria Morrell</td>
<td>Havant and East Hants Mind</td>
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<tr>
<td>Liz Murray</td>
<td>Valley Leisure Ltd</td>
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<tr>
<td>Sarah Oakley</td>
<td>Macular Society</td>
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<td>Alison Pearce</td>
<td>The Red Cross</td>
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<tr>
<td>Suzanne Pepper</td>
<td>Gosport Older Persons Forum</td>
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<td>Joanne Pittard</td>
<td>Southern Health</td>
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<tr>
<td>Tracey Powell</td>
<td>The Red Cross</td>
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<tr>
<td>Charlotte Price</td>
<td>Age UK IOW</td>
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<tr>
<td>Sarah Quarterman</td>
<td>Basingstoke &amp; Alton Cardiac Rehab</td>
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<td>Nicole Rees</td>
<td>The Red Cross</td>
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<td>Jennie Romicheva</td>
<td>Community First</td>
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<tr>
<td>Debbie Ross</td>
<td>Open Sight</td>
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<td>Samantha Roussos</td>
<td>NHS CCG</td>
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Notes

1. **WELCOME**

   Meeting started at 12.47pm. Angela Gill (AG) welcomed everyone to the meeting and ran through the programme for the meeting.

   AG welcomed Becky Whale & Maria Morrell as guest speakers.

   AG explained that there will be photographs taken during the meeting, and asked for any member present to let her know if there was an issue with this – just to ensure their photo was not taken?

2. **REGIONAL/NATIONAL SOCIAL PRESCRIBING UPDATE – ANGELA GILL**

   - AG asked if any members had celebrated International Social Prescribing Day and mentioned that Gosport Voluntary Action (GVA) created a [social prescribing social media page](#) on the GVA website. Please see GVA’s website for more details. There are also useful Social Prescribing resources listed there.

   - The South East Social Prescribing Network and NHS England **Evidence & Evaluation Workshop** was delivered in partnership with the Wessex Academic Health Science Network and held in Southampton on 1 March. It covered developing social prescribing at a national, local community and individual level and how to evaluated Social Prescribing?
This presentation has been circulated but please let Lin Dudman know if you would like a copy it?

- AG and other members also attended the HCC *Connecting Individuals to Community Resources Workshop* on 3 April 2019 in Eastleigh. The discussions were on health & social care, connector/SP schemes in Hampshire, how HCC/NHS are working collaboratively and about where Social Prescribing sits?

Once the HCC workshop notes have been provided, they will be circulated to members.

- NHS England’s *Primary Care Networks; Transforming Care for Local Communities* event was held on 28 March 2019 in Southampton. It provided an update on national Primary Care Networks (PCN’s) and examples of collaborative working re health and social care. It explored how PCN’s can improvement access and outcomes for local people.

Once the PCN workshop notes have been provided, they will be circulated to members.

- Social Psychology of Social Prescribing Seminar *Building Sustainable Communities through Volunteering* was held on 10 April 2019 at Winchester Uni. Tim Houghton highlighted Social Prescribing from a voluntary sector perspective. Clive Cook described the St John’s SP model. It explored the challenges and Social Prescribing best practice in the voluntary sector, concluding with a discussion on how to turn SP evidence into practice?

Once the seminar notes have been provided, they will be circulated to members.

- Social Prescribing and Community-based Support Summary Guide (NHS England) this valuable resource describes Social Prescribing for people, communities and the system. It provides advice on implementation, useful resources, has a Link Worker role profile and the Common Outcomes Framework.

This has been circulated but please let Lin Dudman know if you would like an e-copy or just download a copy from the NHS England [website](#)?


- NHS England’s Social Prescribing Quality Framework Consultation Survey. It asked about Quality Assurance for Social Prescribing Providers, highlighted ideas re a QA template/tool. It seems likely that most members of a (CVS) Community &
Voluntary Sector will be at a minimum level already. *(NB West Yorkshire have developed a Quality for Health tiered QA health and wellbeing model.)*

- **Allied Health Professional (AHP) Social Prescribing Draft Framework Survey** – once finalised, this Social Prescribing Framework is designed to encourage and support increased Social Prescribing by Allied Health Professionals.

### 3. UPDATE ON PRIMARY CARE NETWORKS - BECKY WHALE

Hants & IOW, 35 cluster groups working together, bringing health care workers together and working collaboratively, this is made up of partners from 21 organisations. The presentation will be circulated with these minutes.

**Primary Care Update:**
- 42 PCN’s in Hampshire & IOW - 32 clusters
- South West – not changing
- IOW – same
- Southampton – keep 6 PCN’s but boundaries will be different. Will choose who they will want to work with?
- Portsmouth – moving from 3 to 5 PCN’s
- Fareham & Gosport – 2 in each
- North – moving from 9 to 10
- There will be 100% coverage.

New map to be released soon and will also name clinicians for each area.

**Questions:**
1. Recruitment of sufficient Pharmacists? - Should be enough pharmacists in the system and some can transfer over to new workforce. Capacity? - If they cannot recruit enough pharmacists to meet target, do they adjust the outcomes?
2. PCN – who commissions services? CCG commission the network and PCN’s will control the structure and how they work.

*(NB A comment was made re The Kings Fund – Nationally there are likely more surgeries who will opt out. Others may hand some things over to other agencies?)*

### 4. EVIDENCING THE PREVENTATIVE & SOCIAL OUTPUTS OF SOCIAL PRESCRIBING PROJECTS – ANGELA GILL

AG shared data and figures from GVA to provide an example of the evidence GVA’s Surgery Signposting Project (SSP) currently collates/shares – as agreed with HCC Adults’ Health & Care and the Fareham & Gosport CCG. She also explained about the importance of stakeholder feedback and the positive impact the Surgery Signposting service has for the clients, stakeholders and volunteers alike.
AG briefly introduced Gordon; a Surgery Signpost volunteer at GVA and explained about his eclectic background (including him designing the software for EMIS!) and how he came to be in the SSP volunteer role.

5. REPORT BACK/DISCUSSION AND COLLATION OF A CORE OUTPUTS MENU – TIM HOUGHTON

Questions

1. What output measures do projects represented around the table currently collate for their social prescribing projects?
2. How is this evidence shared?
3. How can we ensure that outcomes are recognised and valued by the funders/commissioners of SP services going forward?

Commons Outcomes Framework – part of the SP Summary Guide re measuring Social Prescribing outcomes.

Around the table discussion re outputs. We can measure outputs and the difference that Social Prescribing makes.

Members were asked how many are delivering Social Prescribing projects and/or linking to Social Prescribing projects?

Tim explained about the Positive Pathways scheme at Leigh Park Community Centre. The scheme is generated by self-referral or via a GP referral programme.

The core Social Prescribing outputs resulting from the table discussions:

- Number of referrals
- Informal meetings
- Demographics – number of supported groups referred to
- Characteristics
  - Patient/staff output measures
  - Breakdown of level of support
  - Core studies in flowchart of journey
  - Potential cost savings
  - WEMS/GA7 – core studies no signposting
  - Cost savings at referral
  - What would have happened if patients not referred?
  - Distance travelled tool? How far moved along scale during intervention?
  - Ensure face to face contact, shared responsibility
  - Collaborate with local authorities
  - Need to follow to see how they were accessed with both the individual and the use of GP time
  - Health status, experience, service integration, wellbeing, need, connecting service
  - Referral aspect not there unless commissioned
  - Influencing – sectors eg Primary care
  - Is the service they are being referred to really meeting their needs?
  - Evaluation & data sharing – Network data, sharing agreement
6. **SOCIAL PRESCRIBING – A MENTAL HEALTH AND WELLBEING PERSPECTIVE - MARIA MORRELL**

Maria explained what Havant & East Hants MIND offer as a service provider. 6 key services but will only highlight 3 services today:

**Children & Young people services** – For all 5 – 17 year olds that don’t quite meet the service guidelines for CAMHS referrals. They also offer an out-of-hours Crisis service within the Havant Borough.

**Adult Wellbeing Service** – Cover whole of Hampshire. Anyone over the age of 18, either self-referral or GP referral. Personalised service and plan. Also deliver social activity, helps with isolation. Review on wellness and progress, manage suicides and self-harm.

**Family Wellbeing** - Generations of mental issues within families either at home or social activities. Support can be provided to the whole family.

Ross Borman, Havant & East Hants MIND presented on the Social Crisis Project in GP Surgeries. This project is based in surgery, training staff on EMIS system, patients referred, updates on booking system and updating patient notes.

There are four surgeries, 2 in Alton & Bordon and 2 in Havant. Some limiting factors due to funding issues, overall, good delivery costs and referral rate by population by the surgery.

Outputs measured include:
- Number of patients that were sitting waiting for referrals on GP lists.
- Number of challenges re the EMIS system, so manually had to count numbers.
- Analysis of data, crisis and outcomes.
- Number of appointments before, during and after the programme.

GP’s commented on a reduction of patients and they could concentrate on medical issues. Also looked at the number of ambulance call outs and those attending A&E.

High levels of satisfaction from programme, gathered info from stakeholders, workloads, stress loads and acknowledgement of how this impacted on their service and the benefits for their patients.

Happy to share logic model and outcomes. Will email this template to Lin to share.

They work with organisations, community groups, have specialised training and establish good links with organisations.

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### 7. DATES FOR FUTURE HANTS & IOW SOCIAL PRESCRIBING NETWORK MEETINGS – ANGELA GILL

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<tr>
<th>Date</th>
<th>Time</th>
<th>Location/Venue</th>
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<tbody>
<tr>
<td>Mon 9th Sept 2019</td>
<td>12.30pm to 3pm</td>
<td>Café 1759, Bordon</td>
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<tr>
<td>Tues 3rd December 2019</td>
<td>12.30pm to 3pm</td>
<td>Eastleigh Fire &amp; Rescue Service</td>
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<td>Tues 11th February 2020</td>
<td>12.30pm to 3pm</td>
<td>Test Valley Borough Council</td>
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### 8. CLOSING SUMMARY

Angela Gill thanked everyone for attending and those who had assisted in the planning and delivery of the Network Meeting. Thank you also to our guest speakers for their presentations.

This network is open for future suggestions for future topics in the next meetings so please let Lin or AG know of any relevant topics you would like the network to explore? Suggestions thus far are:-

- How does service delivery VCSEs find their local social prescribers? & get referrals?
- Let’s have a clear discussion with results on a definition?

Also a huge thank you to Leigh Park Community Centre for loaning us the hall and for their hospitality.

Meeting closed at 3.10pm.