

SURGERY SIGNPOSTING

Free confidential and friendly service

A Signposting Service volunteer will listen and discuss the support you may need. Including:-

- Addiction
- Bereavement, Loneliness
- Carer support
- Dementia
- Diabetes, Diet and Exercise
- Housing, Debt and Welfare
- Local Community Clubs
- Long-Term Chronic Conditions
- Mental Health and Anxiety
- Parenting Problems
- Services for Children
- Transport



Contact Angela on 02392 604683 for further information or to book an appointment.



www.gva.org.uk

NHS
Southern Health
NHS Foundation Trust

 Hampshire
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